

# The CHOICE of Champions: Jesus Christ

## Lesson #5

### **Teacher Section**

This fifth lesson focuses on the fifth letter of the acronym CHOICE. C is for Change your lifestyle to fit Jesus' principles. The children learned in the last lessons that repentance requires a change in behavior and involvement with Jesus comes with that repentance. This lesson will help distinguish what type of behavior and lifestyle Jesus wants us to follow. The students will explore their special talents and gifts and see how they might fit into Jesus' mission for His Church.

### **Goals:**

- to discuss the fifth letter of the CHOICE salvation plan. C is for change your lifestyle to fit Jesus' principles.
- to distinguish the type of lifestyle Jesus wants us to follow. (When we say lifestyle the emphasis is on the way we live and the choices we make that determine the way we live.)
- to understand Jesus gives us the power to live like He wants us to.

**Champion for this lesson:** Saul turned to Paul

### **Lesson Bible verse:**

- Joshua 24:15            Unit Bible verse
- Acts 9:1-19            Saul's conversion

### **Coming In Activity:**

1. Unit Bible verse. Create several sets of cards using 3x5 blank notecards. On each card write one word to the Unit Bible Verse. Place one set of the cards into a brown lunch sack or some other holder. Do for the other sets also. Individually or in pairs the children can take the cards and place them in the correct order of the Bible verse.

2. Good Choice/Bad Choice.

Today's lesson is on choices, so to introduce this idea the students can complete the Good Choices/Bad Choices worksheet found in the Student Section of this lesson.

Directions for completing this worksheet.

1. Give each student a worksheet.
2. Give each student at least 10 slips of paper, 2x3 inches with a different activity listed on each sheet. They are to decide if the activity is a good choice or a bad

choice and glue the slip of paper on the appropriate side of the worksheet. For example, for the older children you might write, Looking on someone's test paper for the answers, helping Mom bring in the groceries, walking the dog, hitting your brother, sneaking out at night.....and so on. The activities can be the same for every student or you can mix and match the activities.

3. Once the children are finished discuss why the choices were good or bad.

A variation of this activity is to have one child draw one slip of paper out of a hat and then tell the group whether it is a good choice or bad choice and why. Go around the group until everyone draws a slip of paper from the hat.

Introduction:

Review with the children what they learned about last week. Say, **Today we are going to learn about someone in the Bible who had a dramatic change in their life and lifestyle and choices after they repented and asked Jesus into his heart. That person is Paul.** Ask the class to tell you everything they know about Paul. Give them information about Paul also. Say, **He is a perfect example of how Jesus changes your life when He comes into your life and becomes your leader. He is a definite before and after person.**

**Bible Story**

**Transition:**

Place the children in groups of 2 or 3 and have them complete the Saul to Paul worksheet. This worksheet is in the Student Section of this lesson.

After the students have finished their worksheets, discuss the difference in Saul to Paul. Emphasize that his repentance of his sins and his acceptance of Jesus is what made all the difference. Then read Saul's conversion story. Acts 9:1-19. Or retell the story.

Discussion questions:

1. What was Saul doing on the road to Damascus? (**He had been persecuting the Christians and he was taking letters to the synagogues in Damascus so that he could continue to persecute the Christians there.**)
2. Whose voice did he hear? (**God's voice**) What did that voice say? (**Asked Saul why he was persecuting the Christians**)
3. What did Saul see? (**A blinding light from heaven.**)

4. What happens to Saul after God's voice stops? **(He opens his eyes and he is blind.)**
5. Where is Saul supposed to go and who is he supposed to see? **(To Ananias' house in Damascus.)**
6. What happens to Saul after Ananias places his hands on Saul's eyes? **(Saul can see again.)**
7. What does Saul do that changes his life? **(He accepts Jesus into his heart and repents of his sin.)**

**CHOICE Activity:**

What a Christian Looks Like worksheet

**For Saul and for each one of us when Jesus comes into our hearts He changes us and then Jesus wants us to give Him all of our lives. That includes who we are, what we do and the talents and gifts Jesus has given to us. He wants us to become involved with telling others about Him. He wants us to change our lifestyle so others can see Jesus in us. Because of this Christians act a certain way and do certain things. Let's look at what a Christian looks like.** Have the students complete What a Christian Looks Like handout located in the Student Section of this lesson. Let the children decorate or color their picture after they have filled in the answers.

Discuss the Bible verses found and how they apply to the children and their behavior this week.

**Transition:**

**Say, Jesus helps us change our lifestyle so we can please Him. Today we are going to make a reminder for us to life each day this week like Jesus would want us to.**

WWJD—What would Jesus Do—is a common idea many of the children know and it is a good question to ask before they make choices and decisions. There are two ways they can make a WWJD reminder for them to take home and look at this week.

Use the fun foam board found in hobby stores for these activities.

1. WWJD doorknob hanger

Using the doorknob model in the Student Section, cut one hanger out of the foam. Use foam letters (can be made or bought) to spell out WWJD or have the students write out WWJD with markers on the foam board. Decorate with foam shapes and markers. The students can take the doorknob hanger home to hang on their door to help them to remember to ask What Would Jesus Do this week.

## 2. WWJD bracelet

Before class cut out a 1"x7" piece of fun foam. Give a strip to each child in the class. Write WWJD with markers or glue on foam letters of WWJD. Let the children decorate with foam shapes, glitter, etc. Glue a 1/4"x1/4" square of velcro onto each end of the bracelet. The students can wear this bracelet this week to help them remember to ask What Would Jesus Do.

### **Concluding Activity:**

Bulletin Board activity:

Whether you are using the Olympic rings or rainbow for your bulletin board, draw your children's attention to this place. Place a large C on the next lowest rainbow arch or in the third set of rings. Review the main theme of this lesson—it is important for us as Christians to act and make decisions like Jesus would want us to.

End with prayer.

Student Section:

1. Good Choice/ Bad Choice worksheet
2. On the Road from Saul to Paul worksheet
3. What a Christian Looks Like worksheet
4. Model of the door hanger

Good Choices

Bad Choices

# On the Road from

Saul

to

Paul

Using the following  
Scriptures write a  
description of Saul.

Acts 7:57-60

Acts 8:1-3

Acts 9:1-2

Using the following  
Scriptures write a  
description of Paul.

Acts 9:19-22,  
27-31

Acts 13:9

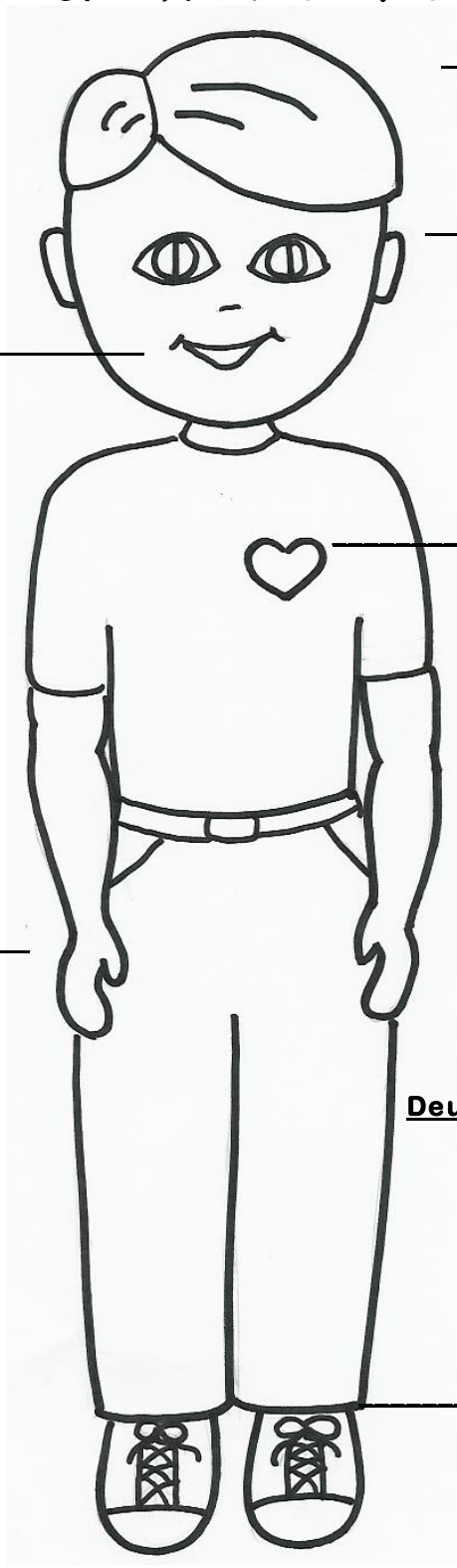
Acts 14:1-3,  
8-10

Acts 18:5

Acts 19:11

Repentance & Forgiveness

# What Does a Christian Look Like?????????



Phillipians 4:8 :Thoughts

Hebrews 12:2: Eyes

Mouth: Psalm 19:14

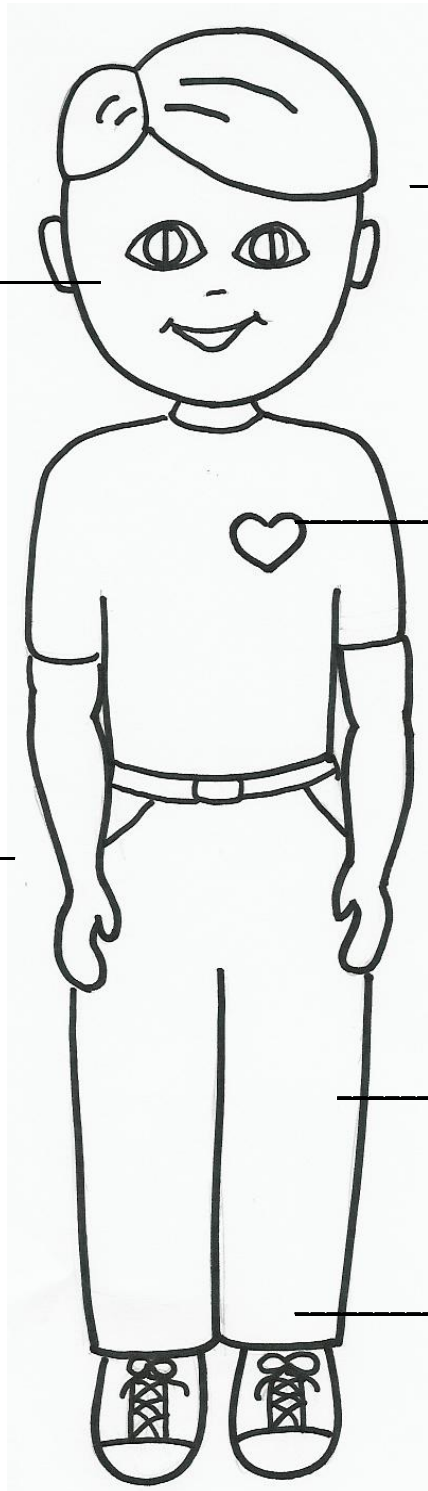
Psalm 119:11: Heart

Hands: Proverbs 31:20

Deuteronomy 5:33: Walk

Proverbs 4:26 : Feet

# What Does a Christian Look Like?????????



\_\_\_\_\_ :Thoughts

\_\_\_\_\_ : Eyes

**Mouth:** \_\_\_\_\_

\_\_\_\_\_ : Heart

**Hands:** \_\_\_\_\_

\_\_\_\_\_ : Walk

\_\_\_\_\_ : Feet



# What Does a Christian Look Like????????

Phillipians 4:8 :Thoughts

Hebrews 12:2: Eyes

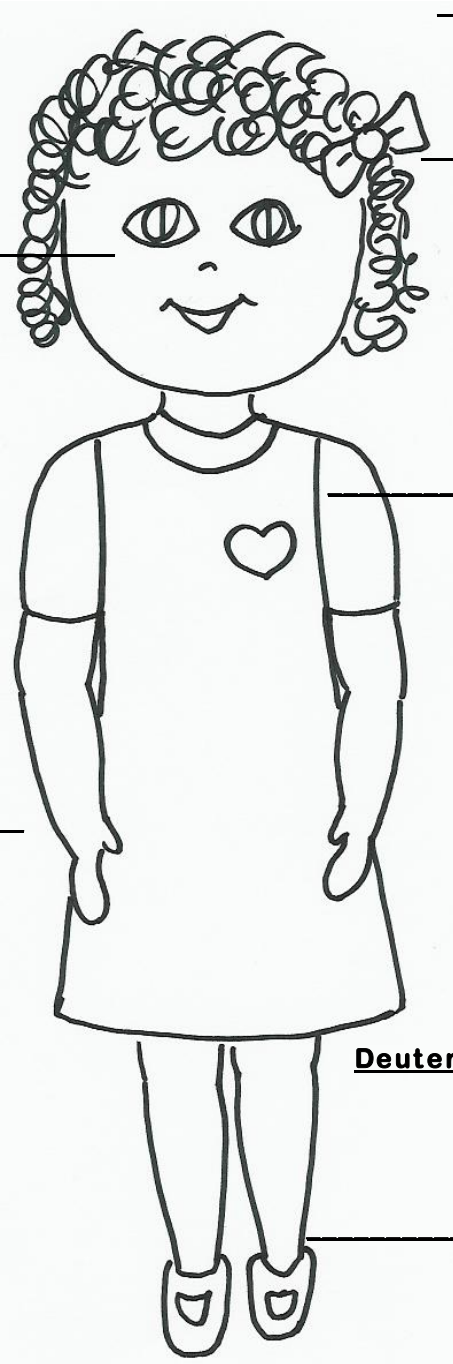
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# What Does a Christian Look Like????????

\_\_\_\_\_ :Thoughts

\_\_\_\_\_ : Eyes

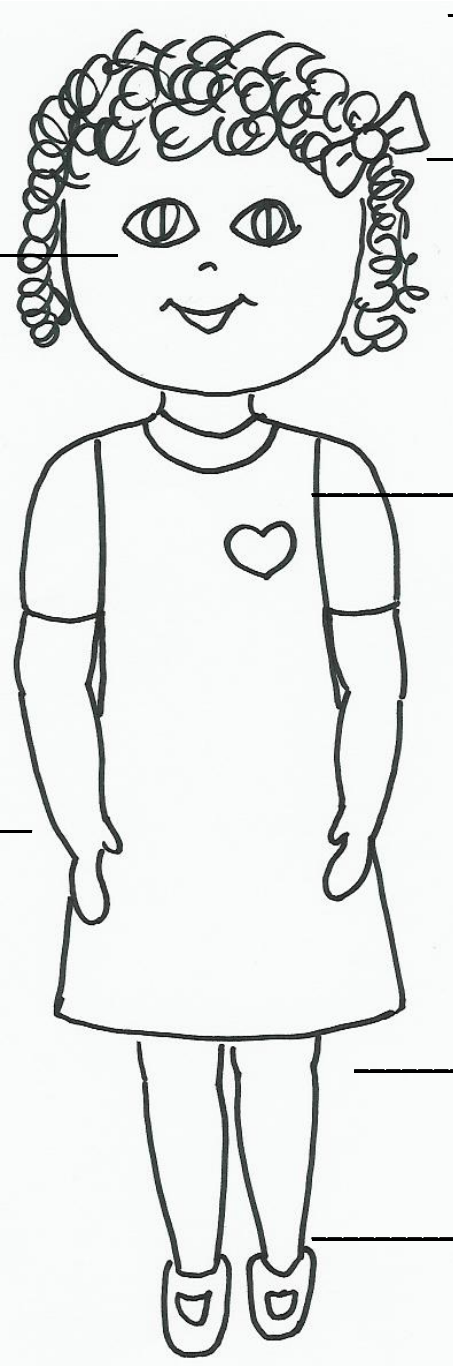
**Mouth:** \_\_\_\_\_

\_\_\_\_\_ : Heart

**Hands:** \_\_\_\_\_

\_\_\_\_\_ : Walk

\_\_\_\_\_ : Feet



Model of the door hanger

DOOR KNOB HANGER

