



HALF-MILLION MOBILIZATION

Youth Prayer Guide

Welcome students, and thank you for joining this call to prayer for the Church of the Nazarene. The last couple of years have been complicated and unexpected for all of us, including the global Church. The Half-Million Mobilization is an attempt to unite individuals across Canada and the United States through prayer for ourselves, our families, our pastors, our churches, and our region. When we look for God and are dependent upon Him, He will always be found! What a blessing and promise that is.

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future. Then you will call on me and come and pray to me, and I will listen to you. You will seek me and find me when you seek me with all your heart. I will be found by you," declares the Lord -
Jeremiah 29:11-14a

Instructions

Prayer can be challenging and intimidating at times. If you struggle to know *what* to pray or *how* to pray, know that you are not alone. Every person who walks with Christ has felt this before. Sometimes, it can be helpful to learn how other people pray in their personal time with God. Throughout this month-long prayer initiative, treat this document as your guide. We have put together a few ideas, suggestions, and helpful tips on how to join us in prayer for everyone from your local community to churches all across our region. Thank you so much for taking this important step and choosing to believe that our God will move *in* us and *through* us!

There are so many ways in which you can participate! Sometimes, it's helpful to follow a structure to guide us in our prayer. Every week of the month, we will be focusing on a different letter of the word TRUST. Below each letter is a brief prompt that we hope will help you in thinking about *how* to pray and *what* to pray about for that week. Along with this, we have provided a couple of creative ideas that might help you interact with the weekly prompt. Feel free to mix and match the tools or make new ones! This is simply a guide. We want you to customize your time with God to your individual experience. We hope you both enjoy your time with God and find it to be transformative in your life and your community.

Week 1: THANKSGIVING

"God, I am THANKFUL for all you have done and continue to do. Your grace is more sufficient than anything I can ask or imagine. Let praise be the first words off of my lips this week."

"Therefore, since we are receiving a kingdom that cannot be shaken, let us be thankful, and so worship God acceptably with reverence and awe, for our "God is a consuming fire." Hebrews 12:28-29

- God, I thank you for your love. No matter where I go or what I do, your love will always find me.
- You have *always* been in control. Before I was even born, you designed me uniquely for your purposes. Thank you.
- I thank you for being my truest home. You are the only place in which I find peace, shelter, and refuge.
- Lord, thank you for protecting me. Never once have you left me on my own.
- Thank you most of all for sending your Son for me. Through you I am saved and covered by your grace.

Prayer Tool:

Prayer Journal: This one's simple! Just list out all the things that you are thankful for. This can be attributes of God, times in which He has provided for you, people He has placed in your life, and so much more. Once you've listed them out, simply pray, and thank God for each of them.

Week 2: REMEMBER

"Father, I REMEMBER how faithful you have been to me. You have provided for me from the beginning of time and you continue to do so today. Help me to remember all of the ways in which you have blessed me, my family, my community, my church, and my region."

"I will remember the deeds of the LORD; yes, I will remember your miracles of long ago. I will consider all your works and meditate on all your mighty deeds. Your ways, God, are holy. What god is as great as our God? You are the God who performs miracles; you display your power among the peoples." Psalm 77:11-14

- Jesus, right now I choose to remember all the times in which you saw my sin and loved me anyway. You are a gracious God.

- Your people have been at the forefront of your mind since the beginning of time. You have never failed me and you won't start now.
- I remember your forgiveness toward me. Help me to forgive others, just as you have forgiven me.
- God, I remember moments of grace and provision that you have shown me and my family.
- I remember your call upon my life to love others as you have loved me. Help me walk in this calling daily.

Prayer Tool:

Prayer Walk: Take a walk through your house, neighborhood, community, etc. As you walk, try and look for things that remind you of God's faithfulness in your life. Every time God brings something to mind, thank Him right then.

Week 3: UNBURDEN

"Lord, I have felt pain in these last years. Even through my struggle, you are God. Right now, I UNBURDEN myself before you. I cast my cares upon you because you see me, know me, love me, and are *for* me."

"Cast all your anxiety on him because he cares for you." – 1 Peter 5:7

- God, I admit that all of my anxieties, fears, emotions, and doubts are too much for me to carry on my own. I lay them down at your feet.
- Lord, you have promised to listen to your children when they call you. Right now, I cry out to you.
- You are a *good* God who truly cares about me and my emotions. You are big enough to face my giants.
- Help bring to mind all of the areas in which I am not fully releasing control. Help me let go.
- Holy Spirit, you go before me at all times. I don't have to worry about tomorrow because you have already taken care of it.

Prayer Tool:

Find one of the following materials: paper/pencil with eraser, dry erase marker/whiteboard, or chalk/chalkboard. On one of these materials, write out some of the worries, doubts, and fears that have been on your mind over the past days and weeks. Pray over each of these items and lay down your burdens before God. Once

you're done, erase each item. By doing this, you are choosing to receive the comfort of the Holy Spirit.

Week 4: SURRENDER

"Holy God, your ways are higher than my ways. You are in full control now and forever. I SURRENDER to you because you are *good*. I SURRENDER to you because you are *faithful*. I give up control and loosen my grip on your Church. This world is not ours but yours."

"And he said to all, "If anyone would come after me, let him deny himself and take up his cross daily and follow me." Luke 9:23

- Lord, I surrender my fears to you. In you there is no fear.
- You have proven to me that you are trustworthy. I choose to lay myself down at your feet.
- God, help me loosen my control. Help me realize the areas of my life that I have not yet surrendered fully to you.
- Jesus, this life is a gift. Your Church is a gift. My community is a gift. Every breath I take is a gift. Take back what is already yours.
- I surrender my plans and agenda for your mission and will.

Prayer Tool:

Write out a short prayer of personal surrender or use the ones provided above. Post it somewhere where you will see it everyday this week, like your bathroom mirror, your dashboard, your front door, etc. Every time you see the prayer, practice surrendering an area of your life to God. This can be as big or little as you'd like.

Week 5: TRUST

"Father, today we are choosing to TRUST you. We TRUST that you will renew your church. Help us to be sensitive to your voice and open to your call. We pray that you would move in us and through us. Make us vessels of transformation in our communities, our region, and your Kingdom."

"And those who know your name put their trust in you, for you, O Lord, have not forsaken those who seek you." Psalm 9:10

- God, your character shows that you are trustworthy by nature. Help me start trusting you with every aspect of my life—the big things that feel important and the small things that feel like they don't matter. Every part of my life matters to you.
- Jesus, help me to put my full trust in you when I'm afraid or don't understand. Fear has no place in your arms.
- I trust that your Word is true. Draw me close to you and your Word every day. Only there will I find true rest.
- Lord, help me be teachable. I want to be more like you, always seeking to follow your plan for my life.
- I declare right now that I believe in you. I believe that you have a specific and unique plan for my life. I believe that I am exactly who you have created me to be. I trust that your Will is better than anything I could do on my own.

Prayer Tool:

Breath Prayer: Think of two short sentences that follow this structure:

Sentence 1- an attribute of God

Sentence 2- a request from God

Example: Lord, you are bigger than anything I face. Help me trust you.

It's called a breath prayer, because it is designed to mimic a breath of air. When you breathe in, say/think the first sentence— "Lord, you are bigger than anything I face." When you breathe out, say/think the second sentence— "Help me trust you." Breathe in truth. Breathe out dependence.
